

The Little Monk

Volume I

The Secret of Everything



by Buddhothpado Aryan Wahanse



Once upon a time,
there was a curious Little girl
named Luna who journeyed to
Methmal Monastery to learn the
truth from a little monk named
Aryan.



Let the journey begin!

A 3D rendered scene featuring two young characters in a lush, sun-dappled forest. On the left, a young boy with a shaved head and large, expressive yellow eyes is seated in a meditative pose on a large, smooth grey stone. He is wearing a bright orange robe with a sash. On the right, a young girl with short, wavy brown hair and large green eyes stands facing him. She is wearing a light blue dress with a brown belt and floral patterns, and brown sandals. A speech bubble from the girl contains the text 'Hello... Aryan!'. At the bottom, a text box contains the text 'I have a question.'.

Hello... Aryan!

I have a question.



Hello... Luna!

What is your Question?

Who am I?





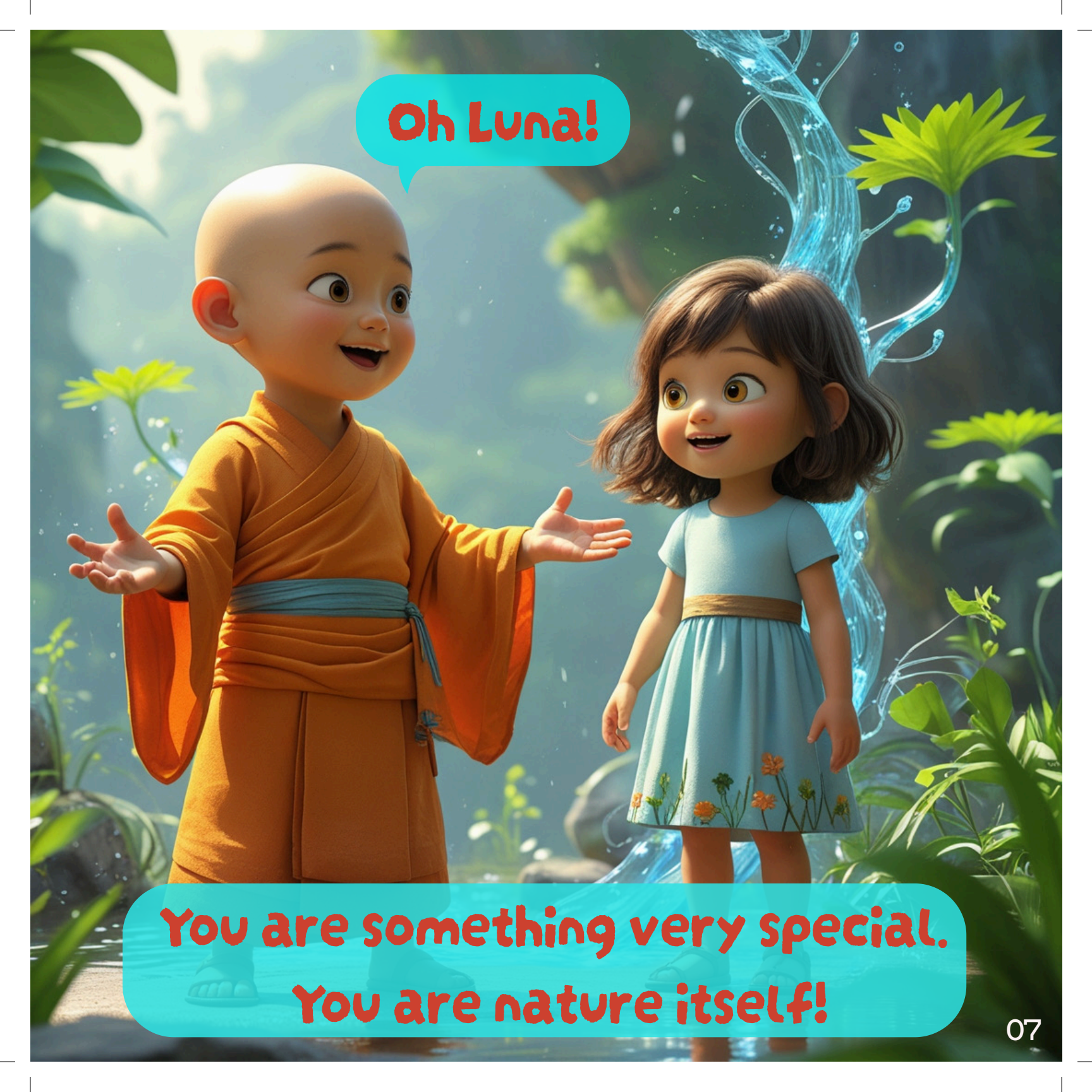
**You are not your name.
You are not your body.**



You are not your mind.

**I feel sad.
I feel lonely.**

I feel like I'm not part of nature.

A young boy with a shaved head, wearing an orange robe with a blue sash, stands on the left. He has a joyful expression and his hands are outstretched. To his right is a young girl with brown hair, wearing a light blue dress with a floral pattern at the hem and a brown belt. She also has a joyful expression. They are standing in a lush, green forest. A vibrant, glowing blue stream of energy or magic flows upwards from the ground behind the girl, creating a magical atmosphere. The background is filled with various green plants and trees, with soft sunlight filtering through the leaves.

Oh Luna!

**You are something very special.
You are nature itself!**



Nature? Like the trees and rivers?



Yes!
You feel happy when you're nature.



But what is nature?



Nature is our feel.



So... I'm everything?



Yes! You are everything.



Yey!

Now, I am the nature, and I feel happy.



That's the truth.

Thank you, Aryan!

The END!

THE LITTLE MONK BOOK SERIES

Publisher: Buddhothpado Dhamma Grantha
Sansadaya

The Little Monk book series by Buddhothpado Aryan Wahanse is a gentle guide to nurturing wisdom in your child. Thoughtfully crafted for young readers aged 4–5, these stories invite reflection, patience, and deep understanding.

Please allow your child to absorb the teachings at their own pace. Rushing is unnecessary — it may take several readings for the true meaning to blossom in their heart.

We warmly invite parents to explore more titles and resources by visiting our website. Simply scan the QR code to continue the journey.

The Secret of Everything



All rights reserved.
Any kind of extracting, reposting for sale or for profit
is strictly prohibited. This Dhamma book is
distributed as a Dhamma donation by Methmal Foundation.