



BUDDOTHPADO

Buddhism for Children

[Age 7 & 8]

Buddothpado Aryanwahanse

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Buddothpado Websites

<https://www.methmalfoundation.org/dhamma-hub>
<https://www.wisdomofasia.com>
<https://www.methmalfoundation.org>
<https://www.buddothpado-dhamma.com>
<https://www.buddothpado.lk>
<https://www.buddothpada.com>

Sinhala and English Zoom link

<https://zoom.us/j/91748075582?pwd=ZHIKQmwXOGNRRUJjCVWtSSWkrNm50dz09>

YouTube links

Buddothpado
<https://youtube.com/@buddothpado>

Reawakening of Buddothpado
<https://youtube.com/@reawakeningofbuddothpado>

Buddothpado Zoom Discussion
<https://youtube.com/@zoom-up2ik>

Buddothpado Practical Experience
<https://youtube.com/@buddothpadodpe>

Buddothpado Suthra Desana
<https://youtube.com/@buddothpadosutntradesana>

Buddothpado Andolanaathmaka Deshana
<https://youtube.com/@buddothpadodharma>

Buddothpado TV Damma Desana
<https://youtube.com/@buddothpadotvdammadesana>

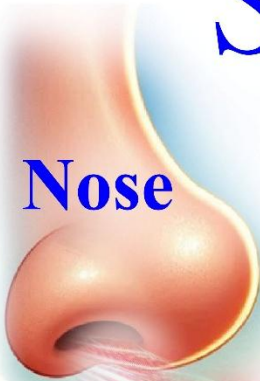
Buddothpado Basic Dhamma
<https://youtube.com/@buddothpado-basicdhamma>

Buddothpado English Zoom Discussion
<https://youtube.com/@buddothpadoenglish>



Six Sensors

Nose



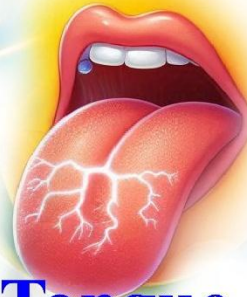
Eye



Mind



Tongue



Ear



Body





Sight Sensor naturally happens .

Sight Sensor is not me.



Colour forms in the
Eye Sensor.



Human Eye creates a
Colourful world.

Animal vision differs
from Human vision.



Sound Sensor naturally happens .

Sound Sensor is not me .



Sound forms in the
Ear sensor



Smell Sensor naturally happens .

Smell Sensor is not me .



Taste Sensor naturally happens .

Taste Sensor is not me.



Touch Sensor naturally happens .

Touch Sensor is not me.



Human body is a natural
Sensor System.



Mind Sensor

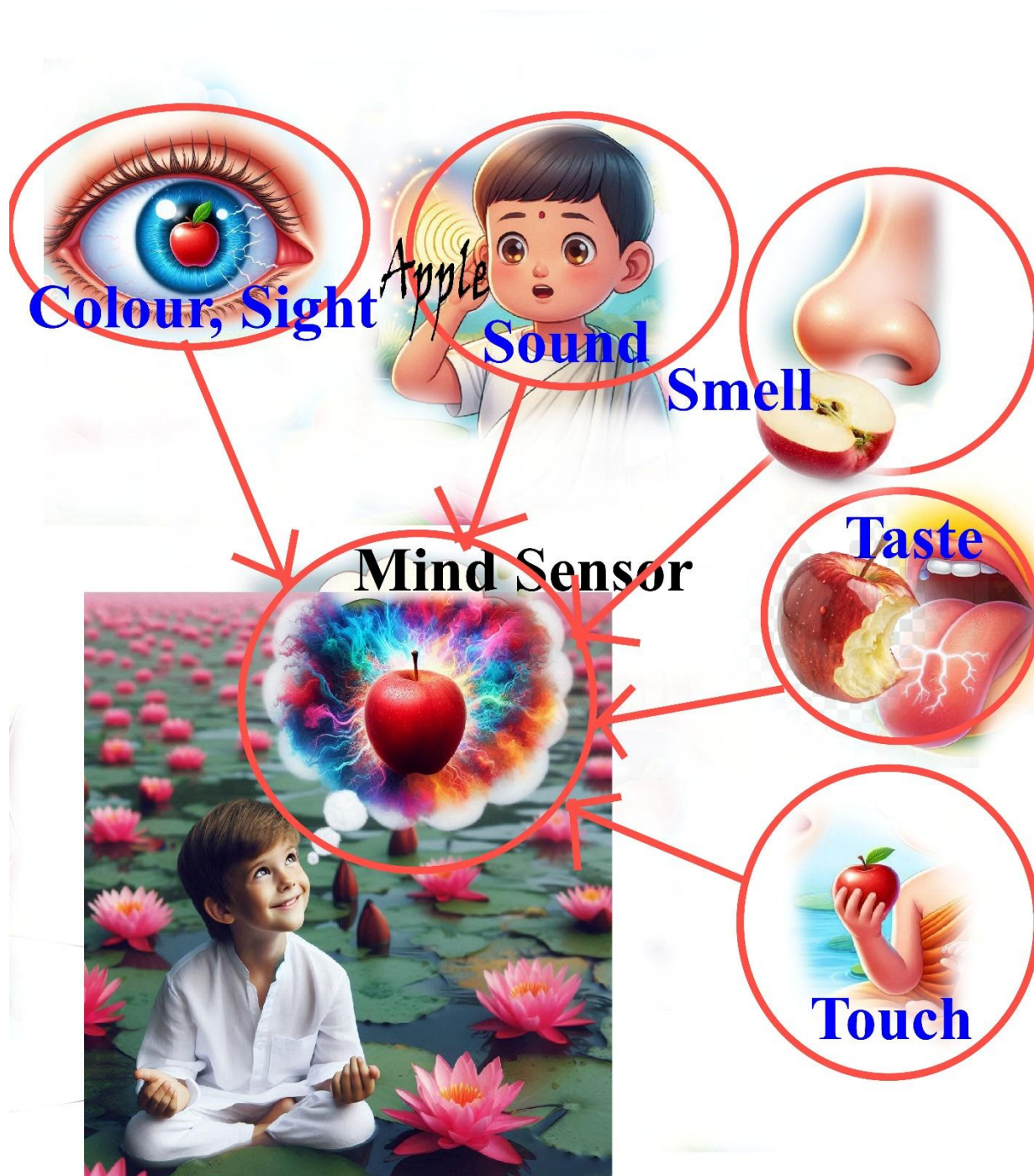
Five Sensors coming together
is the Mind Sensor.





Mind Sensor naturally happens .

Mind Sensor is not me.



Five sensors coming together
is the Thought.
"Apple" is a Thought



Apple is a Sensor creation.

Apple is the Mind.

Apple is the Thought.

Apple is a Feel.

Colour+Sound+Smell+Taste+Touch = Thought "Apple"

Collection of thoughts = Mind Sensor



Feel of the “Apple” creates
the feel of "Myself".

“Apple” is a Thought.

"Me" is a Thought.

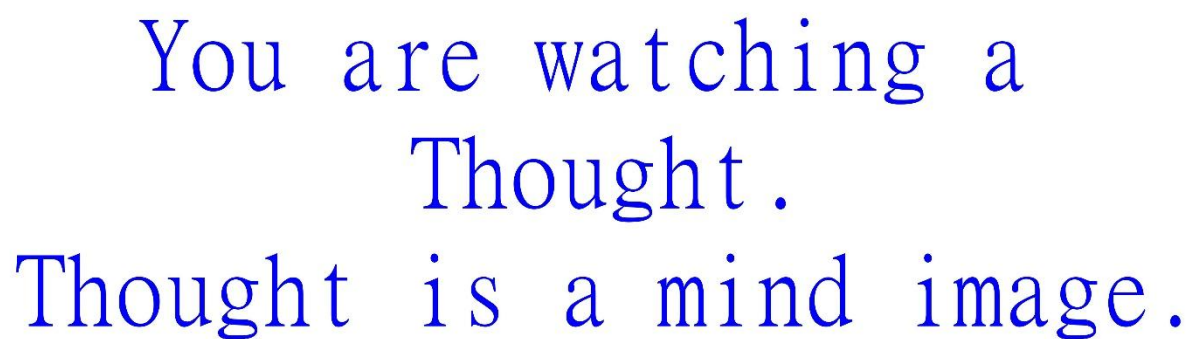


First day I learnt "Apple"

Sound to
the Ear
"Apple"

Picture to
the Eye
(Colour)

(Sound + Colour)
Thought of "Apple"





Tree is a Thought.

Sun is a Thought.

Red is a Thought.

Thoughts come and go like
the Television screen .



Everyone experiences a
sensor created world only.
It is not an outside world.
It is a sensor created world.



“Tree” is a Feel.

“Sun” is a Feel.

Thoughts create different Feels.



Who am I?

Am I the Feel of the Tree?

Am I the Feel of the Sun?

Mind creations are not real.

Mind is not me.



Mind world is a sensor creation,
just like the image seen in the water.

Image seen in the water is not true.

Similarly,
Mind world is not true.



"Mind is not me and body is not me"
is a Feel of Wisdom.



Wisdom of letting go of the Mind.

Freedom of Mind.

Happiness and Calm.

