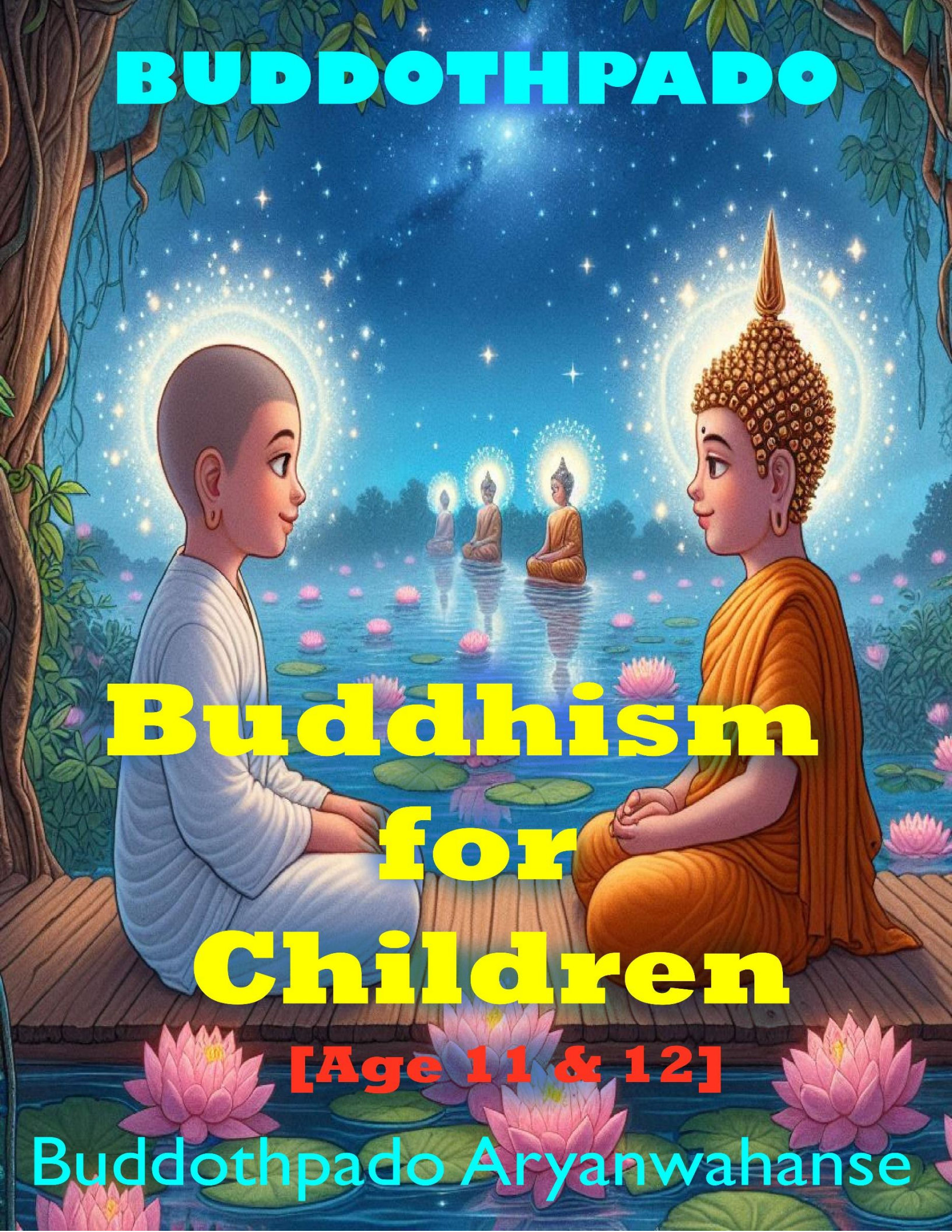




# **BUDDOTHPADO**

## **Buddhism for Children**

**[Age 11 & 12]**

**Buddothpado Aryanwahanse**

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## **What is Lord Buddha`s message?**

Lord Buddha explained to the world  
secret for ultimate happiness.

Everyone suffers in the mind.

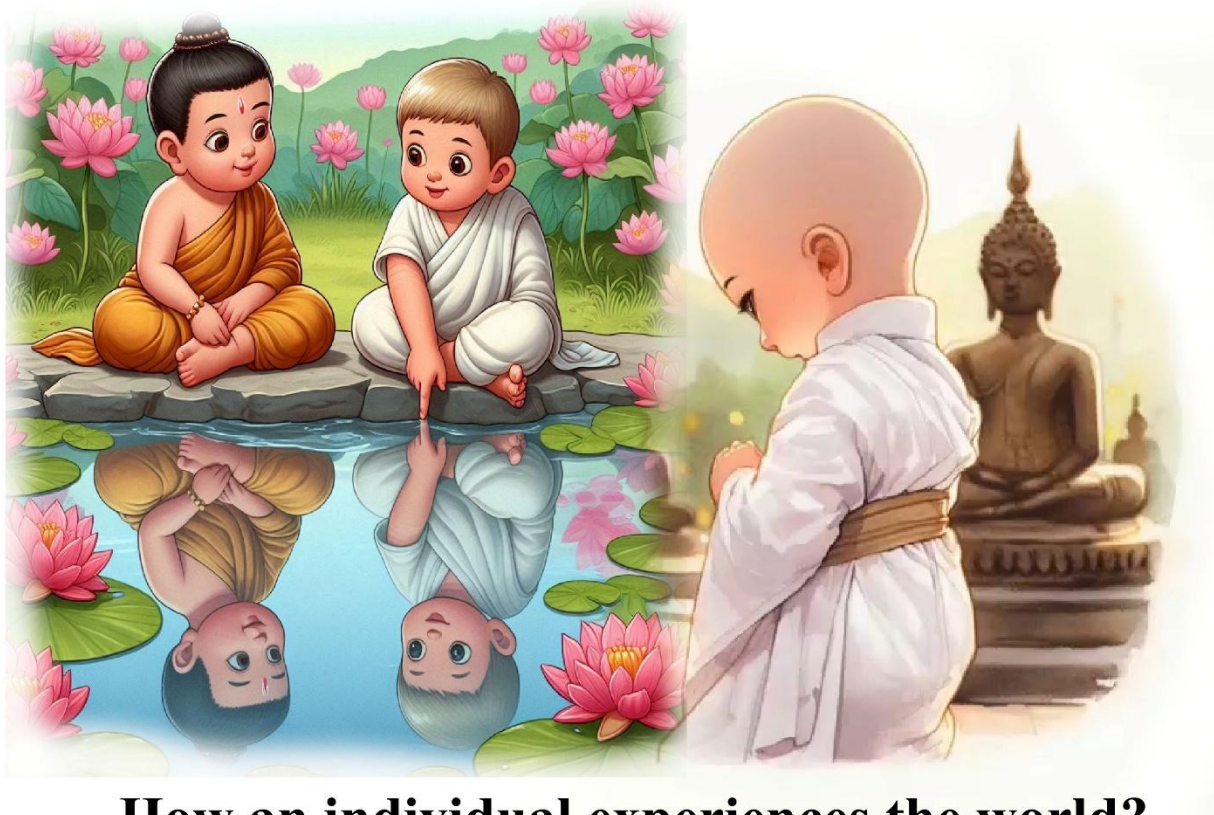
Everyone lives in their own  
mind world, but the mind is not true.



## **What is the Mind ?**

Mind is a natural process created by the Eye, Ear, Nose, Tongue and Body Sensors.

Mind world is created every moment.



## **How an individual experiences the world?**

World is the mind and mind is not true.

Mind world is a sensor creation,  
just like an image seen in the water.

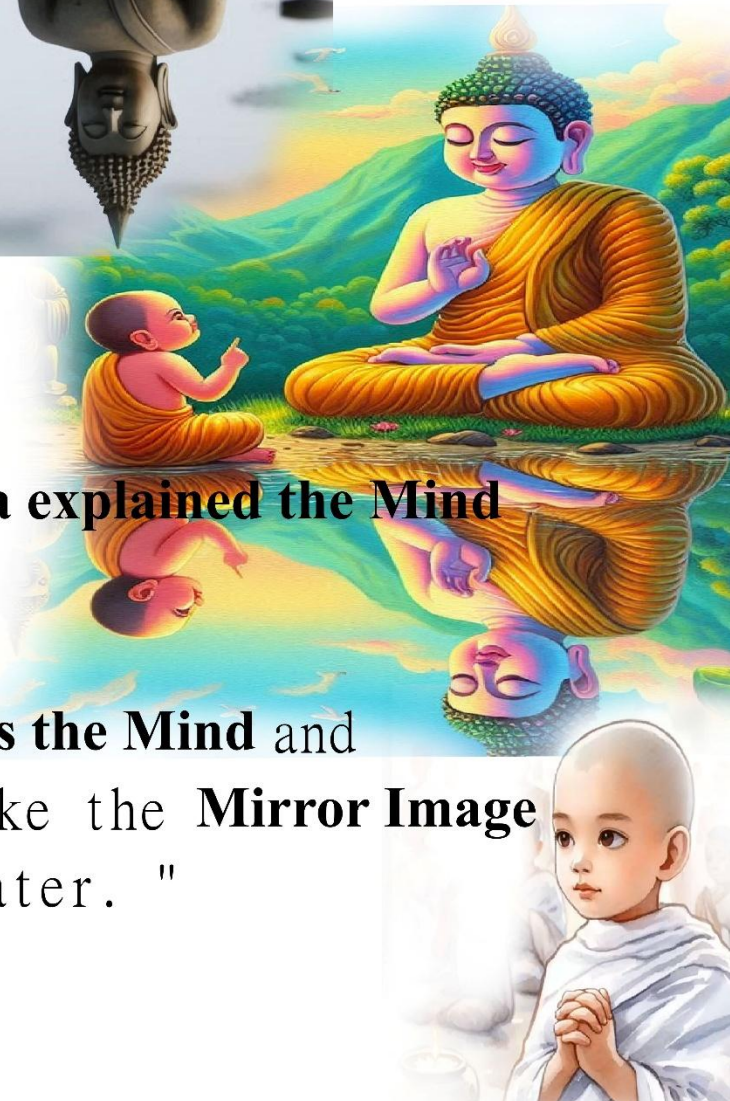
Image seen in the water is not true.

Similarly,  
Mind world is not true.



**How Lord Buddha explained the Mind world to Rahula?**

"Rahula, **World is the Mind** and Mind is just like the **Mirror Image** appear in the water. "





Eye Sensor



Nose Sensor



Body Sensor

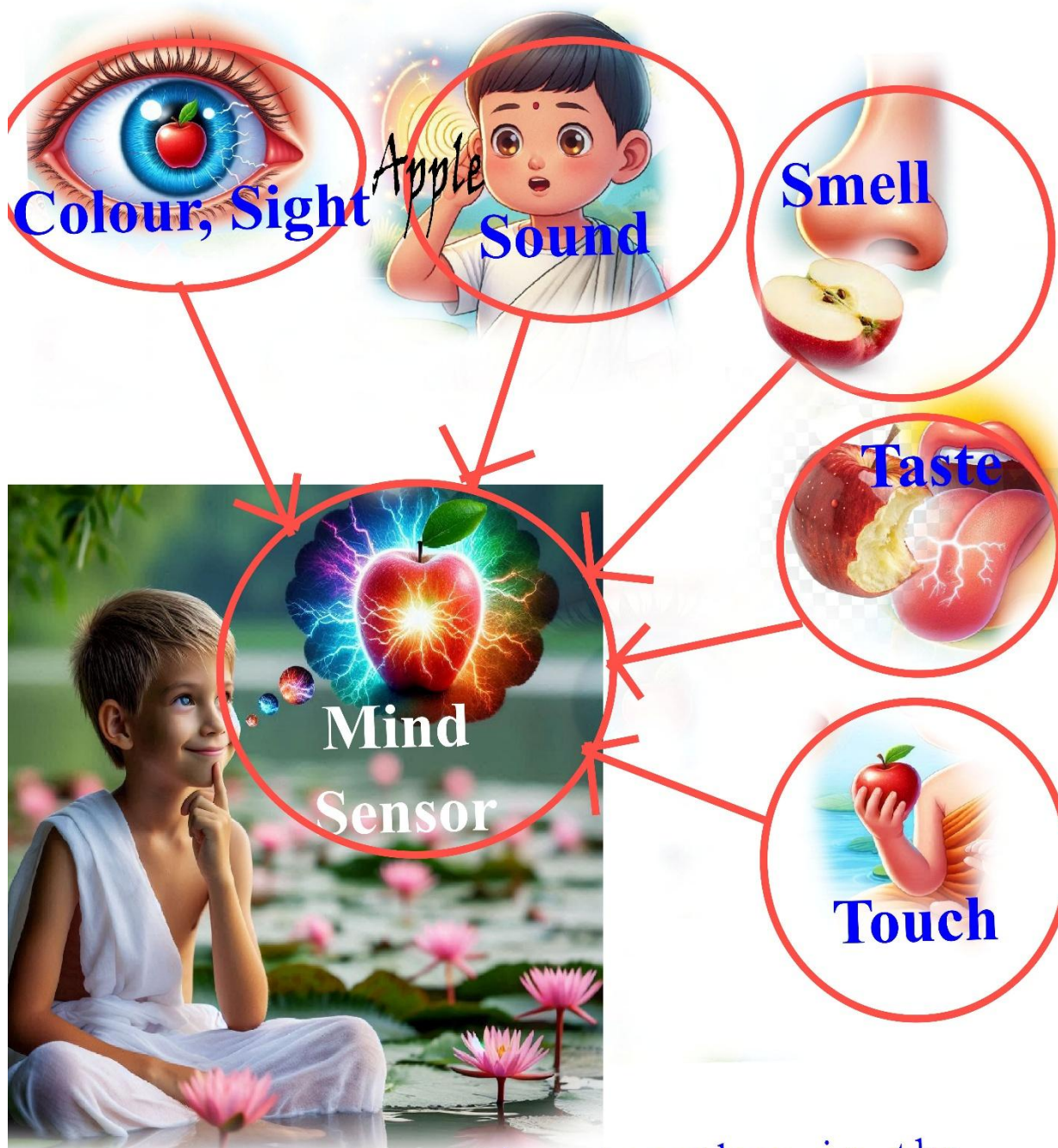


Ear Sensor



Tongue Sensor

Human body is a natural  
Sensor System.



Five sensors coming together is the  
Thought.

"Apple" is a Thought.

"Apple" is a Feel.

Mind creations are not real.

Feel of the "Apple" is not real.



At Eye sensor, it is only a color spark or a shape. (There is no "Apple"). It does not know whether it is an apple, mango or something else.

Colour forms in the Eye sensor (It is not any outside colour coming into the Eye).

"Apple" is just a Thought (Mind Image).

"Apple" is a thinking.

"Apple" is a sensor created world in this moment.



At Ear sensor, it is only a sound spark (There is no "Apple"). It does not know whether it is an sound of apple, mango or something else.

Sound forms in the Ear sensor (It is not any outside sound coming into the Ear) .

"Apple" is just a Thought (Mind image).

"Apple" is a thinking.

"Apple" is a sensor created world in this moment.



At Nose sensor, it is only a smell spark  
( There is no Apple). It does not know  
whether it is a smell of an apple, mango  
or something else.

Smell forms in the Nose sensor (It is not  
any outside smell coming into the Nose) .

"Apple" is just a Thought (Mind image).

"Apple" is a thinking.

"Apple" is a sensor created world in this  
moment.



At Tongue sensor, it is only a taste spark (There is no "Apple"). It does not know whether it is a taste of an apple, mango or something else.

Taste forms in the Tongue sensor.

"Apple" is just a Thought (Mind image).

"Apple" is a thinking.

"Apple" is a sensor created world in this moment.



At Body sensor - It is only a touch spark.  
(There is no Apple). It does not know whether  
it is a touch of an apple, mango or  
something else.

Touch forms in the Body sensor.

"Apple" is just a Thought (Mind image).

"Apple" is a thinking.

"Apple" is a sensor created world in this  
moment.



### **Where the Tree is found?**

For **Eye** – Sight of colors only (No Tree)

For **Ear** – Sound of a word only (No Tree)

For **Nose** – Smell only (No Tree)

For **Body** – Touch only (No Tree)

For **Tongue** – Taste only (No Tree)

Tree is a thinking. Tree is a thought.

Tree is the combined feel of the sensors.

Thought is not real.



Sight, Sound, Taste, Smell and Touch Sparks  
when felt together is the Mind Spark.

"Sun" is a Mind Spark. "Book" is a Mind Spark.

Everything you see, hear, feel is a thought.

Everyone experiences sensor created world  
only. It is not an outside world.

Mind is a thinking world of "Things".

"Things" naturally arise and pass away  
as thoughts at a blink of an eye.

Mind creations are illusions.



**“Apple” is the Mind.  
“Apple” is a Feel  
I am the “Apple”**

**Orange” is the “Mind  
“Orange” is a Feel.  
I am the "Orange"**

There is no permanent Mind.  
The feel changes with the Things.  
Mind creations are not real.  
There is no Soul.



Feel of the “Apple” creates the feel of  
"My existence".

Feel of “things” creates the feel of an  
unreal “Soul”, Just like the two sides of  
the same coin.

“Apple” is a Thought. Soul is a “Thought”.

Soul is a Thinking.

Soul is not real.



## **What is the experience of New born baby?**

New born baby cannot identify **things** ( ie. Sun, Red, Chair, Desk).

New born baby experiences a **pure mind** (Radiant mind) with no things.

It is only Eye, Ear, Nose, Taste and Body **sensor level experience only**.



## **How the "Things" were formed?**

Newborn baby did not have any “Things”  
(Eg: “Apple”).

At the kindergarten stage, child was  
shown a picture of “Apple” (Colour Spark)  
and given a sound of "Apple" (Sound Spark).



## How the Thought of Apple was first created?

Form of  
Sound Spark

(Sound of "Apple")

Sound to the Ear

Form of  
Colour Spark

(Shape of Apple)

Picture to the Eye

Mind Spark  
of "Apple"  
(Thought /Feel of Apple")



When the sound of “Apple” heard again now as a sound spark, the original mind spark of “Apple” which was felt for the first time in the Kindergarten age **(Old Spark)** ,is felt now as the Mind spark in the present moment **(New Spark)**.

This is due to resonance principle.

The same process of Mind spark happens even if Sight, Smell, Taste, Touch occur in relation to the "Apple".



## What is Resonance?

When one tuning fork with particular Frequency vibrates, it can cause another identical frequency tuning fork to vibrate, even if they are not physically touching, due to a phenomenon called resonance.

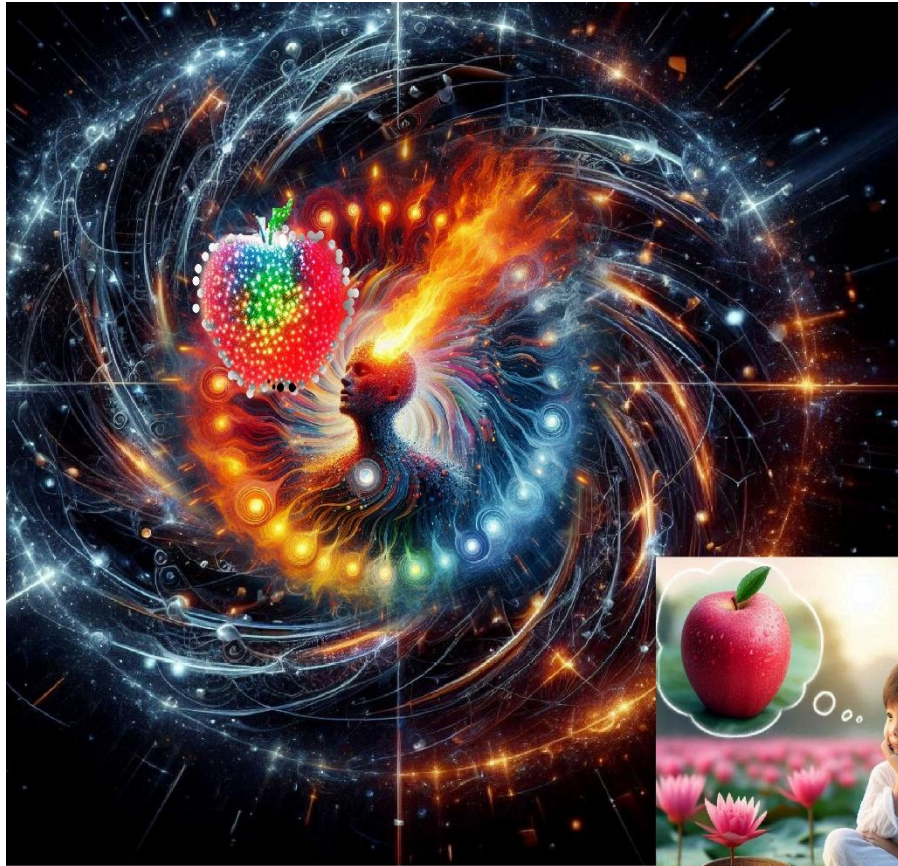
Vibration of a window frame when lighting, is a good example of resonance.

When sight, sound, smell, taste, touch spark occur in five sensors, mind spark arises due to resonance (Old Spark appear as New Spark) .

Vibration of "Sight", "Sound", "Smell", "Taste", and "Touch" occur due to resonance.

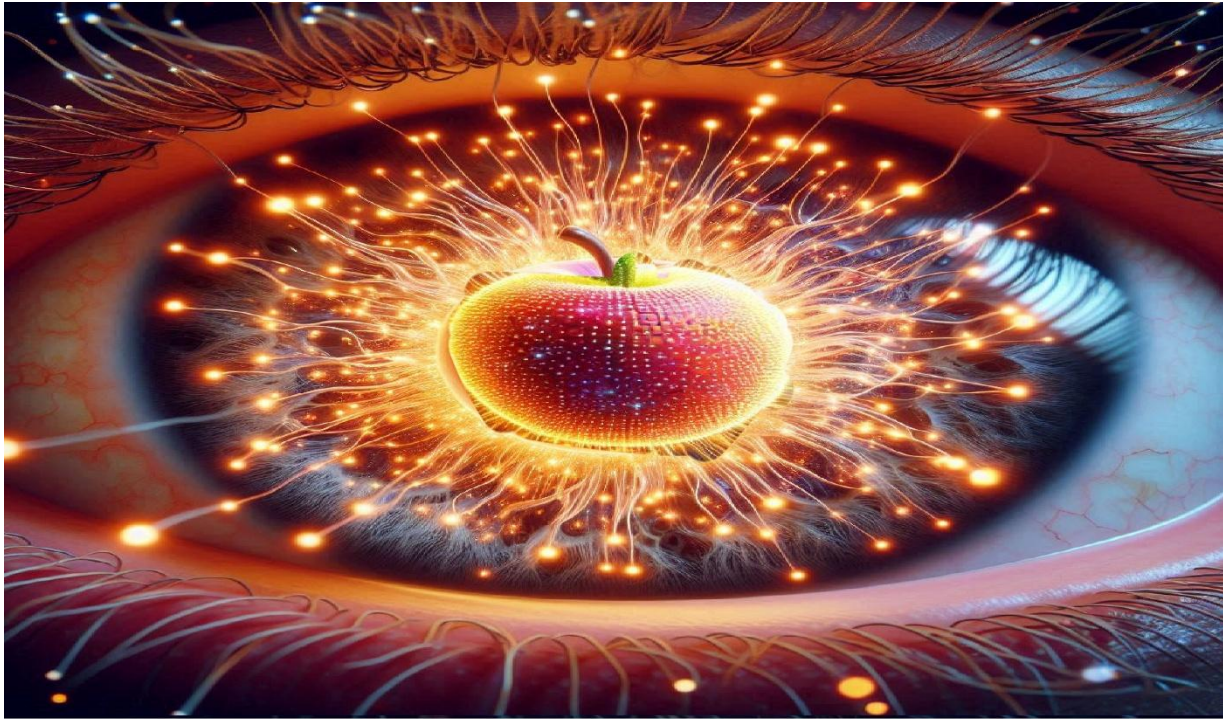


Hate & Desires are the power of Mind Spark.  
Power of Soul are the defilements.  
“Received” and “Lost” are the Thoughts.  
Death is a Thought.  
Birth is a Thought.



## How Existence Feel of Soul is created?

| Cause                                                                                          | Effect                                            |
|------------------------------------------------------------------------------------------------|---------------------------------------------------|
| <p>Eye, Ear, Nose, Tongue, Body consciousness</p> <p>Coming together (Ditta, Sutha, Mutha)</p> | <p>Mind consciousness of "Apple"</p>              |
| <p>Mind consciousness of "Apple" (Continuing Process)</p>                                      | <p>Existence feel of Apple (Power)</p>            |
| <p>Existence feel of Apple (Power)</p>                                                         | <p>Existence Feel of unreal Soul (Mind Power)</p> |



**How Light occur and start to feel as real in the sensor system?**

| Cause                              | Effect                                                                        |
|------------------------------------|-------------------------------------------------------------------------------|
| Vibration                          | Light Spark in the Eye Sensor                                                 |
| Series of Light Spark              | Form of Light                                                                 |
| Form of Light (Continuing Process) | Eye consciousness.<br>(Existence feel of Light in the system) (Power) (Ditta) |

**Light is a Process.**



How Sound occur and start to feel as real in the sensor system?

| Cause                              | Effect                                                                        |
|------------------------------------|-------------------------------------------------------------------------------|
| Vibration                          | Sound Spark in the Ear Sensor                                                 |
| Series of Sound Spark              | Form of Sound                                                                 |
| Form of Sound (Continuing Process) | Ear consciousness.<br>(Existence feel of Sound in the system) (Power) (Sutha) |

**Sound is a Process.**



**How Smell, Taste, Touch occur and start to feel as real in the sensor system?**

| Cause                                                                                     | Effect                                        |
|-------------------------------------------------------------------------------------------|-----------------------------------------------|
| Eye, Ear, Nose, Tongue, Body<br>consciousness<br>Coming together (Ditta, Sutha,<br>Mutha) | Mind consciousness of<br>"Apple"              |
| Mind consciousness of<br>"Apple" (Continuing Process)                                     | Existence feel of Apple<br>(Power)            |
| Existence feel of Apple<br>(Power)                                                        | Existence Feel of unreal Soul<br>(Mind Power) |

**Smell, Taste, Touch is a Process.**



## Who are You?

You are a Wave (Spark ).

The power of the perception (Thought) are rough, if the level of defilements (jealousy, hate, lust, pride..etc) are high.

The power of the perception (Thought) is soft, if the defilements are low.

The power is neutralized for Arhat. Sensors will not raise power. “Seeing” become seeing only. “Hearing” become hearing only. “Smell”, “Taste”, “Touch” feelings are just felt only.



Sun is a thought.

Sun is you.

If no Sun, there is no you.

Power of things are the power  
of Soul.

Everyone is a unique wave like a telephone  
number.

At the last breath, even the last thought  
arises and disappear there it self ,  
the power can resonate and new life  
begin.

Samsaric journey continues until the  
power of the mind is fully diminished.

One who see how the thought is formed,  
will expreince the diminishing mind  
power.



Nobody here.  
Nothing is here.  
Truth is nothingness.  
Wisdom of letting go of the Mind.



“Mind is not me and  
Body is not me”  
is a Feel of Wisdom.

It is the Feel of Nothingness.



## **How can one become a Buddhist?**

It is a mind world and it is not any outside world.

Mind creations are not real.

Mind is not me and body is not me.

For whom the external world has not become real and who feels the non-soul are the Buddhists.



## **What is the Triple Gem in Buddhism?**

**Buddha** – Non-soul nature

**Dhamma** – Nothingness (No things found)

**Sanghe** – Insight of arising and passing away of thoughts



## **Who is Buddha?**

World is a vibration. End of world  
is the non-vibration.

Buddha is non-soul nature.

Buddha is unshakeable deliverance of  
mind.



### **What is Dhamma?**

Dhamma means nothingness in every moment (no things found).

World experienced as the mind creation and it is not any outside world.

Everything you see, hear, feel is a thought.

Thoughts are not real.



## **Who is Sangha?**

Sangha is the practical experience of nothingness.

Sangha has the insight of arising and passing away of thoughts.

Sangha experience the let go of the mind.

